
AGEING: THE GOLDEN OPPORTUNITY

50th
AAG
CONFERENCE

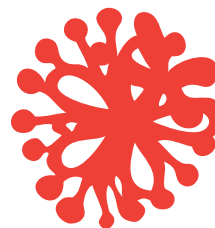
08–10 NOVEMBER 2017

CROWN, PERTH

WESTERN AUSTRALIA

CONFERENCE PROGRAM

AAGCONFERENCE.ASN.AU



AAG
Australian
Association of
Gerontology

WELCOME

Welcome to the 50th AAG Conference in Perth, Western Australia.



As Patron of the Australian Association of Gerontology, it is my pleasure to welcome you to the Association's 50th National Conference.

Since 1964, AAG has been bringing together gerontology specialist from a broad range of backgrounds and expertise to expand our knowledge of ageing and to improve the ageing experience. This multi-disciplinary approach is reflected in the breadth of the conference program, covering issues ranging from Indigenous ageing, health and well-being, and attitudes to ageing.

This theme for this year's conference "Ageing: The Golden Opportunity" recognises that an ageing population offers many positives. The challenge ahead is to make the most of those opportunities, for individuals and for society as a whole.

Over the next few days I wish all delegates and speakers an informative, interactive and productive time as we further our understanding of ageing and the implications it holds for all of us



Sir Peter Cosgrove

His Excellency General the Honourable Sir Peter Cosgrove AK MC (Retd)
Governor-General of the Commonwealth of Australia



A golden opportunity is generally defined as a chance to do something that is likely to be successful and rewarding. That is why in its 50th anniversary the AAG Conference is focussing on the golden opportunity which the older population creates for themselves, the community and the economy.

50 years of experience brings confidence and self-assurance, and AAG is looking forward by turning this year's Conference programme into a think tank for ageing issues. Delegates will have the chance to participate in an engaging and interactive Conference built on the concept that an ageing population is a valuable resource.

The Conference will showcase International and Australian keynote speakers, and over 250 presentations by emerging and renowned researchers, aged care health and allied practitioners, policy makers and other professionals working in the space of ageing.

Perth is alive with music, theatre, dance and visual arts. Its new cultural confidence is making its mark on the city skyline and on other aspects of urban life. The banks of the Swan River and nearby hectares of natural bushland in Kings Park create a stunning contrast against the skyline of city high rises and provide multiple opportunities to enjoy the great outdoors. So take the opportunity to attend a highly rewarding Conference, and enjoy all that the West has to offer with a pre or post Conference holiday as well.

Together with all speakers I would be pleased to welcome you in Perth at our 50th AAG Conference making this Conference a Golden Opportunity for ageing.

Professor Keith Hill

2017 AAG Conference Chair



The 2017 Conference "Ageing: The Golden Opportunity" in Perth will provide plenty of 'Eureka moments' to explore the future of ageing, including health and wellbeing and the economic potential of our ageing society.

This Conference will provide a forum to reflect on the potential golden opportunity of our ageing society, now and into the future. It will seek to describe and create ways in which we can best support and enhance health and well-being. It will seek to encourage debate on the nature of our society and the importance of ageing within it.

It will seek to demonstrate how ground-breaking research and evidence-based policy can harness the great value of our diverse and ageing population for the benefit of all.

Join us to explore the Golden Opportunity that ageing brings.

I warmly welcome you to the 50th AAG Conference.

Dr Helen Barrie

President,
Australian Association of Gerontology

Welcome	1
Committee Members	2
Floor Plan	3
Important Information for Delegates	4
Keynote and Pre-conference speakers	6
Pre-Conference Workshops	8
Program	10
Poster Presentations	22
Sponsors & Partners	24
Exhibitions at the Conference	26
2018 AAG Conference	27

While care has been taken to ensure that information contained in this publication is true and correct at the time of print, changes in circumstances after the time of print may impact on the accuracy of this information.

2017 AAG CONFERENCE PLANNING COMMITTEE

- Keith Hill (Chair)
- Leon Flicker AO
- Elissa Burton
- Keryn Curtis
- Danny Hills
- Skye Marshall
- Chiara Naseri
- Hilary O'Connell
- Ann Zubrick
- James Beckford Saunders
- Michael Tan
- Anne Meyer

2017 AAG CONFERENCE SCIENTIFIC COMMITTEE

- Leon Flicker AO (Chair)
- Keith Hill
- Helen Barrie
- Cath Josif

SPECIAL THANKS TO THE FOLLOWING VOLUNTEER ABSTRACT REVIEWERS

- | | |
|-----------------------|------------------|
| Frances Batchelor | Sue McGrath |
| Christina Bryant | Claudia Meyer |
| Victoria Cornell | Hilary O'Connell |
| Kristen De San Miguel | Julie Ratchliffe |
| Chris Etherton-Bear | Jo Root |
| Linda Isherwood | Kate Smith |
| Constance Kourbelis | Barbara Squires |
| Judith Lewis | Chris Toye |
| Sophia Lindeyer | Ruth Walker |
| Paulene Mackell | |



LEGEND FLOORPLAN

GRAND BALLROOM 1

- Plenary Sessions
- Grand Symposia
- Rapid Fire Presentations
- Tabletop Sessions

GRAND BALLROOM 2

- Exhibition Area
- Poster Presentations
- First Time Attendees' Networking Session
- Knowledge Hub
- Farewell Reception

BOTANICAL 1

- Oral Presentations

BOTANICAL 2

- Oral Presentations
- SECG Meeting
- HBE SIG Meeting

BOTANICAL 3

- Symposia

BOTANICAL 4

- Oral Presentations
- AAG LGBTI SIG Meeting

STUDIO 2

- Sponsors' Networking Breakfast

THE STUDIO

- Breakfast with the Stars

ASTRAL BALLROOM

- Conference Dinner

CROWN, POOLSIDE

- Welcome Reception

CONTACT DETAILS

Should you have any questions or require any further information please don't hesitate to contact the Conference Team at AAG. You can contact us via email at aagconference@aag.asn.au or via phone:

Cassy Jensen

Conference Coordinator: 0430 292 297

Michael Tan

Membership and Marketing Manager: 0408 385 873

REGISTRATION INFORMATION:

The Registration Desk is located in the foyer of the Crown Convention Centre. The Registration Desk will be open daily:

Tuesday, 7 Nov: 9.00am – 5.00pm,
Pre-Conference Workshop delegates only

Wednesday, 8 Nov 7.45am – 5.00pm, Registration for all delegates

Thursday, 9 Nov 8.00am – 5.00pm

Friday 10, Nov 8.00am – 2.00pm

INTERNET ACCESS

Free WiFi is available for all delegates at the Crown Convention Centre during the Conference. Visit the registration desk if you need help to connect.

TRANSPORT TO CROWN PERTH

Transperth operates regular bus services between Perth Airport, Perth City and other local centres. You can plan your journey on public transport using their Journey Planner. Bus Route 380, fittingly named after the Airbus A380, has dedicated luggage racks and runs daily from T1 and T2. Bus Route 40 runs daily from T3 and T4. Get off at Stop Number 14506 – Great Eastern Hwy After Bolton Av.

TAXI SERVICES

Taxis are on hand 24/7 to pick up arriving passengers and it's roughly a 15-minute ride to get to Crown Perth.

The main taxi service providers in Perth are Swan Taxis and Black & White Cabs. Taxi ranks are located at terminals – simply follow the signs to the nearest taxi ranks. A taxi rank can also be found on Valentine Road within the General Aviation area.

Swan Taxis: 131330

Black & White Cabs: (08) 9230 0440

SOCIAL AND NETWORKING FUNCTIONS

The AAG Conference program features a variety of social and networking functions. Please check your registration selections for more information about which functions you are registered to attend.

DIETARY REQUIREMENTS

If you have advised of a special dietary request, please make yourself known to banquetting staff during the Conference and at the Conference Dinner.

Details of the social and networking functions are as follows:

WELCOME RECEPTION

Date: Wednesday, 8 November 2017

Location: Crown Perth, poolside

Time: 5.00pm to 6.30pm

Catch up with colleagues and make new friends and connections whilst enjoying live music, delicious canapes and a glass of wine, bubbly or soft drink.

CONFERENCE DINNER

Date: Thursday, 9 November 2017

Location: The Astral Ballroom, Crown Perth

Time: 6.30pm to 11.30pm

Theme: Rocking the 1950's

Dress Code: 1950's inspired Rock 'n' Roll, Rockabilly or Glamorous – dressing to the theme is optional

Enjoy pre-dinner drinks upon arrival, a fabulous three-course dinner, followed by a night of dancing to 'Carbon Taxi', playing a broad range of music from jazz and pop through to rock 'n' roll and all your dance favourites.

FAREWELL CELEBRATION

Date: Friday, 10 November 2017

Location: Crown Perth

Time: 3.00pm to 4.00pm

Say good bye to your new friends and connections at the AAG Farewell Celebration over drinks and canapes. Share your knowledge and experiences of the Conference with other delegates before farewelling Perth.

HAVE YOU DOWNLOADED THE CONFERENCE APP?

The mobile app will be your essential Conference guide.

1. Go to your app store/google play store and search for **whova**
2. Download the app
3. Create your profile, look for AAG Conference and get started



PLAY WITH THE APP



Rate your session – at the end of each session you can rate your session out of 5 stars via the App



Create a personalised schedule, highlight the sessions you want to attend by marking the + button. You can also set reminders that a session is about to start



Inform – view all abstracts in each session



Post a photo – post a photo during the event and share it with other delegates



Post a message – post a comment on the activity stream and share your thoughts



Send a private message to another delegate or speaker to meet up for lunch or coffee, ask a speaker a question you couldn't raise during the session



Logistics – Find your way through the venue, get travel info for Perth and Western Australia



Get Social - Tweet, Facebook or both through the Conference app. Share your thoughts, pictures and learnings, with other delegates and those not at the Conference.



Evaluate the Conference – At the end of the Conference, rate the entire Conference, let us know what you think

Don't have a smart phone or tablet ... no worries

You can view speaker profiles by visiting the AAG Conference website aagconference.asn.au

SOCIAL MEDIA

TWITTER



1. Sign up for a Twitter account if you don't already have one at twitter.com
2. Follow AAG - @gerontologyau
3. Use the event hashtag in your posts. The hashtag for the 2017 AAG Conference is **#AAGConf17**
4. Find out what others are saying about the Conference by following the event hashtag
5. Engage by tweeting or re-tweeting

FACEBOOK



1. Sign up for a Facebook account if you don't already have one at facebook.com
2. Search for 'AAG' and 'Like' the Australian Association of Gerontology page. This will give you access to all the latest news and Conference updates in your newsfeed
3. Engage by posting, liking, commenting or sharing other people's posts

SHOW ME THE HASHTAG

Join the conversation and share your thoughts instantly by including our dedicated hashtag **#AAGConf17** in your tweets and your Facebook posts. Using the hashtag will help the organising committee, speakers and other delegates easily find your conversations, debates, and questions. The hashtag will also appear within the event feed of the Conference app.

MORE THAN WORDS

It doesn't just have to be about words, we would love to see photos of your experience at the Conference. Share your photos on Facebook and Twitter using **#AAGConf17**

SHARE THE LOVE

It's also good to share – so if you see a tweet or a Facebook post that you agree with or like then click the share or re-tweet button and let everyone know that you're at the 2017 AAG Conference.

NEED HELP?

AAG's friendly staff members are available throughout the Conference to assist you with any of your needs, and to help you get social. Visit them at the registration desk for anything "social media" related.

KEYNOTE AND PRE-CONFERENCE SPEAKERS



THE HON KEN WYATT AM, MP
Minister for Aged Care and Indigenous Health

SUBE BANERJEE
2017 Gary Andrews International Fellow,
University of Sussex, UK

BILLIE GILES-CORTI
2017 David Wallace Address,
RMIT University

JENNY DAVIS OAM
Agelink Theatre Inc

SUE PIETERS-HAWKE
Campaigner and Advocate

PAUL BARCLAY
ABC Radio National

CHRISTINE STIRLING
University of Tasmania



MARY BRONSON
Sir Charles Gairdner Hospital

MICHAEL PREECE
Alzheimer's Australia

PENNY FLETT AO
Immediate Past CEO
Brightwater Care Group

JUNE LOWE
Chair GRAI – GLBTI Rights in
Ageing Inc

CATHERINE BARRETT
Celebrate Ageing

JANE SIMS
Australasian Journal on Ageing

LYNNE PARKINSON
CQUniversity Australia



JULIE BYLES
University of Newcastle

BRIONY DOW
National Ageing Research Institute

BARBARA SQUIRES
Housing Action Network

LEON FLICKER AO
University of Western Australia

VICTORIA CORNELL
The University of Adelaide

RACHEL WINTERTON
La Trobe University

MARK ELLIOTT
Chair of AAG ATSIAG

PRE-CONFERENCE WORKSHOPS

Tuesday, 7 November 2017
from 9.00am - 5.30pm



Australian Government
Department of Health

9.00am REGISTRATION DESK OPENS

PRE-CONFERENCE WORKSHOPS

Catering for lunch will be provided.

9.30am - 12.30pm LATE LIFE CHANGES IN HOUSING: CHOICES, ENABLERS AND BARRIERS TO AGEING IN PLACE

Room Botanical 1

This workshop explores changes in housing in late life, how housing and risk of homelessness affects people's ability to age-in-place and access care, and housing options for older people from diverse communities.

FACILITATOR: VICTORIA CORNELL

Hosted by: AAG's Housing and Built Environment Special Interest Group (HBE SIG)

ACTION PLAN FOR AGED CARE PROVISION TO OLDER PEOPLE LIVING IN REGIONAL, RURAL AND REMOTE AUSTRALIA

Room Botanical 3

This workshop will contribute to the development of an action plan to guide equity of access and outcomes for rural, regional and remote seniors.

FACILITATOR: RACHEL WINTERTON

Hosted by: AAG's Rural, Regional and Remote Special Interest Group (RRR SIG) in partnership with National Rural Health Alliance and SARRAH

LGBTI ELDER VOICES

Room Botanical 2

This workshop will present a panel of LGBTI elders, who will offer stories of their own life experiences and expectations of aged care and community services.

FACILITATORS: JUNE LOWE

Hosted by: AAG's Lesbian, Gay, Bisexual, Transgender and Intersex Ageing Special Interest Group (LGBTI SIG)

12.00pm - 1.15pm Lunch break

1.00pm to 4.00pm

A SITE VISIT TO OATS STREET ACQUIRED BRAIN REHABILITATION FACILITY.

Offsite limited and restricted places

12.00pm - 4.30pm ASSURING EQUITY OF ACCESS AND QUALITY OUTCOMES FOR OLDER ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLES: WHAT NEEDS TO BE DONE

Room Botanical 4

This workshop aims to examine equity of access and outcomes for Older Aboriginal and Torres Strait peoples under the current aged care reform program, as well as suggest directions for the future.

FACILITATOR: MARK ELLIOTT

Hosted by: AAG's Aboriginal and Torres Strait Islander Ageing Advisory Group (ATSIAAG)

1.15pm - 3.15pm MAINTAINING A WORK-LIFE-BALANCE

Room Botanical 2

This session will offer practical strategies to help you develop a robust project management plan for your research project.

FACILITATOR: NATASHA AYERS

Presented in partnership with AAG's Student and Early Career Researcher/Practitioner Group (SECG) and Emerging Researchers in Ageing (ERA)

DEMENTIA, HUMAN CONNECTION AND LOVE: INNOVATIVE STRATEGIES FOR DEMENTIA FRIENDLY COMMUNITIES AND SERVICES

Room Botanical 1

This workshop describes the projects undertaken by Celebrate Ageing and provides participants with a brief resource kit for replicating projects in their community or service.

FACILITATOR: CATHERINE BARRETT

Hosted by: Celebrate Ageing

1.30pm - 3.30pm COLLABORATIVE RESEARCH CENTRE WORKSHOP - TRANSLATING RESEARCH INTO PRACTICE IN THE INTERSECTIONS BETWEEN THE AGED CARE, HEALTH AND ALLIED HEALTH SYSTEMS (INVITE ONLY)

Room Botanical 3

CHAIR: BRIONY DOW, FACILITATOR: CHRISTINE STIRLING

3.30pm - 5.30pm PUBLISH BEFORE YOU PERISH! WRITING FOR SCHOLARLY JOURNALS: HOW TO 'GET PUBLISHED'

Room Botanical 1

This two-hour workshop will focus on the manuscript process from the editorial perspective

FACILITATORS: JANE SIMS AND LYNNE PARKINSON

Presented in partnership with Australasian Journal on Ageing (AJA)

DIVISION AND SIGS WORKSHOP

Room Botanical 2

FACILITATORS: HELEN BARRIE AND MICHAEL TAN



Wednesday, 8th November 2017
from 8.20am to 5.30pm

7.45am Registration and Exhibition open

8.20am to 10.10am SESSION 1 – PLENARY

Grand Ballroom 1

Welcome to Country
Richard Walley

Welcome to the
50th AAG Conference
Keith Hill, Helen Barrie

Keynote address
**The Hon Ken Wyatt AO, MP, Minister
for Aged Care and Indigenous Health**

Myths about Indigenous Ageing
(+ feedback on
5th ATSIAG Workshop)
Mark Elliott, Chair of ATSIAG

Summary and update on Aboriginal and Torres Strait Islanders Elder
issues in their local community presented by States and Territories
**Graham Aitken (SA)
Dawn Bessarab (WA)
Gail Daylight (NSW)**

Q&A
Keith Hill

10.10am to 10.40am **Morning Tea**

Poster Presentations, Exhibition and Knowledge Hub
First Time Attendees' Networking Session - Exhibition Area, **Grand Ballroom 2**

10.40am to 12.00pm SESSION 2 – CONCURRENT

2A - ORAL PRESENTATIONS

**Activity and
Community
Engagement**



**Chair: Hilary O'Connell
Botanical 1**

The importance of
Aboriginal male Elders
Mick Adams

2B - ORAL PRESENTATIONS

**Attitudes to Ageing/
Elder Abuse**

**Chair: Danny Hills
Botanical 2**

The prevalence, health
and wellbeing impacts
of elder abuse
Charles Waldegrave

2C - ORAL PRESENTATIONS

**Activity and
Community
Engagement/Attitudes
to Ageing**

**Chair: Keryn Curtis
Botanical 3**

Older peoples'
perceptions of driverless
cars
Mandy Stanley

2D - SYMPOSIUM

**Exploring the
Wellbeing of
Older Aboriginal
Australians and
Their Caregivers**

**Chair: Kate Smith
Botanical 4**

Elucidating the
wellbeing factors
important of older
Aboriginal Australians
Liane Gilchrist

2E - TABLE TOP PRESENTATIONS



**Chair: Lynsey Brown
Grand Ballroom 1**



10.40am to 11.00am

11.00am to 11.20am

11.20am to 11.40am

11.40am to 12.00pm

12.00pm to 1.00pm

Lunch

Poster Presentations, Exhibition and Knowledge Hub
Exhibition Area, **Grand Ballroom 2**

1. INCOME SECURITY

A cross-country study of
saving and spending in
retirement
Hazel Bateman

2. CLINICAL ISSUES

Developing individualised
patient reports of
anticholinergic burden &
cumulative DBI
**Janet McNeece
Peter Hill (Co-Presenter)**

Co-designing health apps for
older people and healthcare
providers
Rajna Ogrin

Population growth in
adults 70+ years escalates
osteoporotic fracture costs
Kerrie Sanders

Association between
night-time sleep and
successful ageing among
Chinese people
Xiaoyue Xu

3. RESIDENTIAL CARE

Hearing services in aged
care: communication needs
of dementia residents
Anthea Bott

The golden opportunity:
walking
Samantha Fien

Leisure activities and well-
being of older people in
residential care
Myunik Panthi

Investigating falls and falls
risk practice in residential
aged care
Susan Nunan

A historical overview of aged
care policy development in
Australia
Cathy Monro

Increasing social engagement
in aged care using a
socialisation robot
Kylie Pratt

Different perspectives on
dental care in aged care
Linda Slack-Smith

4. FALLS

Exploring falls prevention
capability among patient-
sitters in hospitals
Lex De Jong

Can motor imagery enhance
physiotherapy outcomes in
older patients?
Vaughan Nicholson

Active balance: falls
prevention training for
community activity leaders
Sonya Clark

5. CAREGIVERS

START On-line: realities of
delivering an online carer
support program
Ellen Gaffy

Promoting wellbeing and
resilience in older veterans
and their families
Elizabeth Cyarto

Has consumer directed care
improved quality of life?
Julie Ratcliffe



Wednesday, 8 November 2017

12.15pm to 1.00pm **Rapid Fire Poster Presentations**
Grand Ballroom 1

12.00pm to 12.50pm **AAG Student & Early Career Research Group (SECG) Meeting** - interested student and early career practitioner delegates welcome
Convener: Constance Kourbelis
Botanical 1

Collaborative Research Centres (CRC) Meeting - invite only
Convener: Briony Dow
Botanical 2

Ageing in Workforce & Education (AWE) SIG Meeting - delegates interested in workforce and education welcome
Convener: Robin Harvey
Botanical 3

1.00pm to 2.00pm SESSION 3 – PLENARY

Chair: Leon Flicker AO
Grand Ballroom 1

1.00pm to 1.45pm Multimorbidity in dementia – a 21st century challenge
Sube Banerjee, Gary Andrews International Fellow



1.45pm to 2.00pm Q&A

2.00pm to 3.20pm SESSION 4 – CONCURRENT

4A - ORAL PRESENTATION

Ageing Well

Chair: Elissa Burton
Botanical 1

2.00pm to 2.20pm Investigating psychological wellbeing (flourishing) with community dwelling older adults
Susan Waterworth

4B - ORAL PRESENTATION

Aspects of Residential Care

Chair: Jennifer Grieve
Botanical 2

2.20pm to 2.40pm Frailty in community dwelling older people: 12-month longitudinal change
Stephen Burgess

Polypharmacy and medication use in Australian residential aged care
Lisa Pont

4C - ORAL PRESENTATION

SECG Showcase

Chair: Constance Kourbelis
Botanical 3

2.40pm to 3.00pm Evaluation of successful aging among older people in China
Xiaoyue Xu

Baby Boomers' sexual health in residential aged care
Alison Rahn

4D - SYMPOSIUM

Individualising Approaches to Support Aged Care Residents With Dementia

Chair: Megan Corlis
Botanical 4

3.00pm to 3.20pm Exercise physiologist-led therapy in a residential care facility
Annette J. Raynor

Supporting needs, goals and preferences of people with dementia
Wendy Hudson

3.20pm to 3.50pm **Afternoon Tea**
Poster Presentations, Exhibition and Knowledge Hub
Exhibition Area, **Grand Ballroom 2**

2.20pm to 2.40pm LGBTI-specific RACFs? Older LGBTI consumers and potential staff views
Sue Malta

Assessing physiological effects of an exercise intervention in older adults
Behnaz Shahtahmassebi

Exercise prescription for dementia in residential aged care
Alison Penington

3.00pm to 3.20pm Final pathways in aged care: association with causes of death
Mark Cooper-Stanbury

How do community care services impact residential aged care entry?
Mikaela Jorgensen

Perceptions of prescribed exercise for people with dementia in care
Gaynor Parfitt

4E - GRAND SYMPOSIUM

Australasian Association of Academic Primary Care Symposium

Chair: Dimity Pond
Grand Ballroom 1

3.20pm to 3.50pm What does it really mean to place seniors at the centre of their care?
Michael Preece

How can general practices prevent hospitalisations of older patients?
Richard Reed

Financial hardship and cognitive decline in the PATH through life
Kim Kiely

GP and practice predictors of unplanned hospitalisations in older patients
Leah Palapar

Role of pharmacy medication reviews in elders with memory problems
Dimity Pond

Health-care professional insights into statin use in the very elderly
Warra Waday

How can general practices prevent hospitalisations of older patients?
Richard Reed

GP and practice predictors of unplanned hospitalisations in older patients
Leah Palapar

3.50pm to 5.00pm SESSION 5 – PLENARY

Chair: Rhonda Parker
Grand Ballroom 1

3.50pm to 4.00pm Assessing people with Dementia
Leon Flicker AO

4.00pm to 4.20pm Putting the person at the centre of their care – can it be done in acute care settings?
Mary Bronson

4.20pm to 4.40pm What does it really mean to place seniors at the centre of their care?
Michael Preece

4.40pm to 5.00pm Q&A and Wrap-Up



SOCIAL FUNCTIONS

5.00pm to 6.30pm

Welcome Reception
Crown Poolside



7.00pm to 8.30pm

SECG Dinner
Student and early career delegates welcome
Venue: surprise venue



Thursday, 9 November 2017
concurrent from 8.50am to 10.10am

7.15am to 8.05am **TAI CHI SESSION - Pool area interested parties welcome**

7.30am to 8.30am **SECG Breakfast with the Stars**
Registrations are limited



The Studio

Sponsors and Partners Networking Breakfast

Studio 2

8.00am Registration and Exhibition open

8.50am to 10.10am SESSION 6 – CONCURRENT

6A - ORAL PRESENTATIONS

Community Service



Chair: Hilary O'Connell
Botanical 1

8.50am to 9.10am Measuring wellness and reablement outcomes in home & community settings
Yvonne Wells

9.10am to 9.30am Individual budget expenditures in the era of consumer directed care
Julie Ratcliffe

9.30am to 9.50am Reablement policy and practice: UK, New Zealand and Denmark
Ricki Smith

9.50am to 10.10am Appreciating value: economic and social contributions of older carers
Elizabeth Brooke

10.10am to 10.40am **Morning Tea**
Poster Presentations and Exhibition
Exhibition Area, **Grand Ballroom 2**

6B - ORAL PRESENTATIONS

Workforce

Chair: Catherine Joyce
Botanical 2

8.50am to 9.10am Improving cross-cultural care for residents by investing in the workforce
Lily Xiao

9.10am to 9.30am IPEAC Toolkit: creating a sustainable inter-professional workforce for aged care
Elly Williams
Helen Loffler
(Co-Presenter)

9.30am to 9.50am Labour force behaviour of older Indigenous Australians
Jeromey Temple

9.50am to 10.10am "I work somewhere with meaning": care with purpose
Jade Cartwright
Elizabeth Oliver
(Co-Presenter)

6C - ORAL PRESENTATIONS

Dementia

Chair: Jason Burton
Botanical 3

8.50am to 9.10am Psychological intervention to reduce cognitive decline in at risk older adults
Vivana Wuthrich

9.10am to 9.30am Aboriginal health and ageing: a life course approach
Tony Broe

9.30am to 9.50am Does hearing loss undermine memory collaboration in elderly couples?
Amanda Barnier

9.50am to 10.10am Identifying the costs/benefits of collaboration in healthy ageing and Alzheimer's
Thomas Morris

6D - SYMPOSIUM

Ageing Well and the Built Environment

Chair: Helen Barrie
Botanical 4

8.50am to 9.10am Planning and design of public spaces to support ageing Well
Beatriz Arakawa Martins

9.10am to 9.30am Re-inventing Photovoice: exploring healthy ageing concepts among retirement village residents
Rachel Ambagtsheer

9.30am to 9.50am What it means to age well in a retirement village
Helen Barrie

6E - TABLE TOP PRESENTATIONS



Chair: Lynsey Brown
Grand Ballroom 1

1. EDUCATION

Belonging in virtual realities: enhancing empowerment and community through ICT
Adele Millard

Australasian Journal on Ageing publication: golden opportunity to advance policy
Jane Sims

Australasian Journal on Ageing: who decides what is published?
Lynne Parkinson

2. COMMUNITY SERVICES

Aged care choice and control: what about the older renters?
Victoria Cornell

Literature review: carers of older people and consumer directed care
Anne Muldowney

Social engagement instruments and person-centred community aged care services
Joyce Siette

Keeping them safe at home: a hospital avoidance collaboration
Diane Gellatly

Short term restorative pilot
Daniel Davies



HALL & PRIOR
Health & Aged Care Group

Seniors Exercise Park: service innovation, early outcomes and experiences
Kathryn Devereux

Using data analytics to enhance the quality of community care
Andrew Georgiou

Follow the Golden Circle to maximise this Golden Opportunity
Graham Aitken
Adam Hooper
(Co-Presenter)

From talking at, to working with; a journey of co-design
Robyn Burton

Reducing the burden of chronic disease through digital health
Elizabeth Cyarto

3. HOUSING

Victorian retirement village residents' experiences of disputes
Sue Malta

Design for ageing: two postgraduate studios in 2017
Hing-wah Chau

Clinician perspectives on design for healthy ageing: China and Singapore
Danny Hills

Design ideas for healthy ageing: Australia, Singapore and Hong Kong
Carlos Montana-Hoyos

4. DEMENTIA

Verbal repetitiveness in memory clinic patients predicts Alzheimer's disease
Kevin Ong

The impact of the DCHP on hospital acquired complications
Mark Yates

Meta-analysis and taxonomy of cognitive training outcomes and executive functions
Shannon Webb

Aged care provider policies on decision-making, consent and capacity assessment
Craig Sinclair

Implementing cognitive and delirium care in the top end
Deidre Widdall

BRAIN-TRK: behavioural resource app for interventions for neurocognitive disorders – translating research knowledge
Bernice Redley



Thursday, 9 November 2017

10.40am to 12.25pm SESSION 7 – PLENARY

Chair: Melanie Kiely
Grand Ballroom 1

10.40am to 10.50am Department of Health Address **Helen Grinbergs**

10.50am to 11.30am Creating healthy liveable communities to improve health and wellbeing and health equity: what is the evidence telling us? **Billie Giles-Corti, 2017 David Wallace Address**

11.30am to 12.10pm Old age: from a helicopter **Dr Penny Flett AO**

12.10pm to 12.25pm Q&A



12.30pm to 1.30pm Lunch

Poster Presentations and Exhibition
Exhibition Area, **Grand Ballroom 2**

12.30pm to 1.15pm AAG ANNUAL GENERAL MEETING

Members and interested parties welcome
Grand Ballroom 1

1.30pm to 2.50pm SESSION 8 – CONCURRENT

8A - ORAL PRESENTATIONS

Education

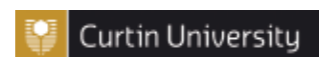
Chair: Luke Hays
Botanical 1



8B - ORAL PRESENTATIONS

Falls/Exercise

Chair: Elissa Burton
Botanical 2



8C - ORAL PRESENTATIONS

Dementia

Chair: Ann Zubrick
Botanical 4

8D - SYMPOSIUM

Gerontological Nursing: Past, Present and Future

Chair: Kathryn Goozee
Botanical 3

8E - SYMPOSIUM

Data and Innovations in Ageing CALD Research: CALD SIG Symposium

Chair: Betty Haralambous
Grand Ballroom 1

1.30pm to 1.50pm Lessons learned: informal falls conversations using a world café approach
Caroline Bulsara

Age-related changes in perceptual-motor regulation: a predictor for falls?
Steven van Andel

Analgesia use among hip fracture repair patients with dementia
Joanne Tropea

Gerontological nursing in the twenty first century: inhibitors and enablers
Christine Toye

Data and innovations in ageing CALD research: CALD SIG symposium
Betty Haralambous

1.50pm to 2.10pm Aboriginal Elders living a positive life
Louise Herft
Trischia Ritchie

Tailored falls education for older people discharged from hospital
Chiara Naseri

Consumer Directed Care? Caregivers' decision making with people with dementia
Andrea Petriwskj
Christine Brown Wilson

Frontline nursing education to meet the future demands in gerontology
Catherine Brown

Residents from non-English speaking countries in Australian aged care facilities
Lee-Fay Low
How representative is population-based data? From a CALD perspective
Sarang Kim

2.10pm to 2.30pm An innovative national approach to education and knowledge translation
Andrew Stafford

Prevention of falls in hospitals: a new approach
Frances Batchelor

How do those attending dementia friendly community forums define community?
Helen Courtney-Pratt

Technological advances to enhance service delivery and quality of life
Kathryn Goozee

2.30pm to 2.50pm Developing Gerontological Nursing (GerNurs) Competencies: an e-Delphi study
Jolan Stokes

Efficacy and feasibility of aquatic physiotherapy in Parkinson's Disease
Fleur Terrens

What kinds of conversations scaffold successful remembering in elderly couples?
Celia Harris

Aged care nurse practitioner program – five years on
Christine Stirling

2.50pm to 3.10pm Afternoon Tea

Poster Presentations and Exhibition - Exhibition Area, **Grand Ballroom 2**

3.10pm to 4.40pm SESSION 9 – PLENARY

President's Symposium: The economic opportunities of an ageing population – how much do we value the golden goose?

Chair: Helen Barrie (AAG President) - Grand Ballroom 1



Woman's work: a life course approach to women, work and caring
Julie Byles, President from 2011 to 2013

Celebrating our middle-ageing population
Briony Dow, President from 2013 to 2015

What does the goose think? Reflections on growing older in the AAG
Barbara Squires, President from 2000-2003

SOCIAL FUNCTION

6.30pm to 11.30pm

Conference Dinner
The Astral Ballroom



Friday, 10 November 2017
from 8.40am to 3.00pm

7.45am to 8.45am	INTERNATIONAL LONGEVITY CENTRE – AUSTRALIA MEETING
7.45am to 8.45am	International Longevity Centre - Australia (members only) Atrium
8.30am	Registration and Exhibition open

8.50am to 10.10am SESSION 10 – CONCURRENT

	10A - ORAL PRESENTATIONS	10B - ORAL PRESENTATIONS	10C - ORAL PRESENTATIONS	10D - SYMPOSIUM	10E - TABLE TOP PRESENTATION		
	<i>Clinical Issues</i>	<i>Housing</i>	<i>Dementia</i>	<i>Mixed-Method Evaluation of Information and Communication Technology-Enabled Aged Care</i>			
	Silver Chain						
	<i>Chair: Keith Hill</i> Botanical 1	<i>Chair: Danny Hills</i> Botanical 2	<i>Chair: Chris Toye</i> Botanical 3	<i>Chair: Andrew Georgiou</i> Botanical 4	<i>Chair: Lynsey Brown</i> Grand Ballroom 1		
8.50am to 9.10am	Dietary intake of nutrients and periodontal health: the CHAMP study <i>Kate Milledge</i>	Cultivating impact investment to enhance older people's accommodation and care <i>Eileen Webb</i> <i>Gil North (Co-Presenter)</i>	Smartphone technology supporting older people with dementia <i>Irene Blackberry</i>	A socio-technical assessment of information and communication technology <i>Andrew Georgiou</i>	1. ACTIVITY AND COMMUNITY ENGAGEMENT Retirees reengaging with the workforce: motivation and career adaptability <i>Jennifer Luke</i> Ageing and resilience in a remote community: opportunities through volunteerism <i>Heather Gibb</i> Loneliness and gratitude in daily life across the adult lifespan <i>Helena Chui</i>	Innovation re-loaded: D3 Digital Challenge #5 people, parks & wellbeing <i>Cassie Mason</i> Benefits of a Mobile Lifestyle Resource Van for older people <i>Jane Meldrum</i>	Dying to talk <i>Grace Keyworth</i> Learnings from pilot testing an App in practice <i>Claudia Meyer</i> The Tea Cosy Project – Challenging Internalised Ageism <i>Catherine Barrett</i>
9.10am to 9.30am	Low-dose aspirin as adjuvant treatment for venous leg ulceration <i>Andrew Jull</i>	Innovation in social housing <i>Cassie Mason</i>	Including People with dementia in research: ethical and legal context <i>Nola Ries</i>	How do community care services impact residential aged care entry? <i>Mikaela Jorgensen</i>	Integrated model of care for responding to suspected elder abuse <i>Antoinette Libertone</i> Prospective associations of local greenspace with mental wellbeing <i>Alison Carver</i>	2. ATTITUDES TO AGEING Defining “successful aging” for people living with long-term physical disabilities <i>Ivan Molton</i> Strategies targeting an ageing workforce to continue working longer <i>Ilonka Guse</i> Beyond vulnerability: older people as active participants in disaster responses <i>Matthew Carroll</i>	3. HOSPITALS Safe Elderly Emergency Discharge (SEED): projects findings <i>Judy Lowthian</i> Multi-disciplinary model of DMCA: a before and after hospital study <i>Shibu John</i>
9.30am to 9.50am	Retrospective Cohort Study on urodynamic studies in geriatric patients <i>Anika Kibria</i>	Ageing on the Edge: Older Persons Homelessness Prevention Project <i>Jeff Fiedler</i>	MARC: changing systems, practice and lives through collaborative translational research <i>Debra O'Connor</i>	Innovation in medication safety in residential care using electronic data <i>Lisa Pont</i>	Intersectionality: the complexity of sexuality, ageing and coming out <i>Li-Min Lee</i> Better parks for older people: a golden opportunity for wellbeing <i>Robin Harvey</i>	Strategies targeting an ageing workforce to continue working longer <i>Ilonka Guse</i> Beyond vulnerability: older people as active participants in disaster responses <i>Matthew Carroll</i> Response to elder abuse in Victoria: current practice and gaps <i>Ellen Gaffy</i> The importance of memorialisation to the community <i>Marcia Fearn</i>	End of life challenges for older people in sub-acute care <i>Melissa Bloomer</i> Auditing the hospital environment: optimising the care of older people <i>Paulene Mackell</i>
9.50am to 10.10am	Is hearing rehabilitation for older adults person or family-centred? <i>Caitlin Barr</i>	Proximity to city centre, walkability and middle-to-older adults' mobility decline <i>Takemi Sugiyama</i>	The Koori Dementia Care Project (KDCP) <i>Sharon Wall</i> <i>Terry Donovan (Co-Presenter)</i>	Social engagement instruments and person-centered community aged care services <i>Joyce Siette</i>		What is your Active Ageing Plan? Consultations in Tasmania <i>Sue Leitch</i>	The PARIS process: improving acute care for frail elderly <i>Rosie Winters</i>
10.10am to 10.40am	Morning Tea Poster Presentations and Exhibition Exhibition Area, Grand Ballroom 2						



10.40am to 12.15pm SESSION 11 – PLENARY

Chair: Paul Barclay
Grand Ballroom 1

Disrupting ageing
ABC Radio National's Big Ideas broadcast. Hosted by Paul Barclay
Jenny Davis OAM **Sue Pieters-Hawke**
Sube Banerjee **Penny Flett**



12.15pm to 1.15pm **Lunch**
Poster Presentations and Exhibition
Exhibition Area, **Grand Ballroom 2**

12.30pm to 1.10pm **Rapid Fire Poster Presentations**
Exhibition Area, **Grand Ballroom 1**

12.10pm to 1.10pm **AAG Aboriginal and Torres Strait Islander Ageing Advisory Group Yarn Up** - interested delegates in Indigenous ageing welcome
Convenor: Mark Elliott
Botanical 1

Housing & Built Environment (HBE) SIG Meeting
- interested delegates welcome
Convenor: Victoria Cornell
Botanical 2

Alzheimer's WA presents a performance today from
'FRIENDS IN HARMONY'
The choir is comprised of people with dementia (early stages) and their carers

Culturally and Linguistically Diverse Communities (CALD) SIG
- interested delegates welcome
Convenor: Betty Haralambous
Botanical 3

AAG LGBTI SIG Meeting
- interested delegates welcome
Co-conveners: Carrie Hayter & Sue Malta
Botanical 4

1.10pm to 2.30pm SESSION 12 – CONCURRENT

12A - ORAL PRESENTATIONS

Hospitals



Chair: Denise Findlay
Botanical 1

1.10pm to 1.30pm HOW R U? Telephone peer-support to reduce loneliness after discharge
Judy Lowthian

12B - ORAL PRESENTATIONS

Dementia

Chair: Andrew Stafford
Botanical 2

1.10pm to 1.30pm Geriatrician in the practice model of dementia care
Tabitha Härtwell

1.30pm to 1.50pm Prevalence and associations of aspirin use in older sub-acute inpatients
Zar Yee Nwe

1.30pm to 1.50pm Dementia and age-friendly spaces - evaluating a museum-based reminiscence program
Kerry Rigby

1.50pm to 2.10pm Evaluation of mobile versus departmental chest x-rays in geriatric patients
Andrew Emerson

1.50pm to 2.10pm Caring for residents with dementia at the end of life
Susan Slatyer

2.10pm to 2.30pm A tool to support hospital care for people with dementia
Christine Toye
Mary Bronson

2.10pm to 2.30pm Collaborative action to develop client engagement
Andrea Petriwskyj

2.30pm to 2.40pm **Networking Break**
Exhibition Area, **Grand Ballroom 2**

2.40pm to 3.00pm SESSION 13 – PLENARY

2.40pm to 2.45pm Announcement of 2018 AAG Conference
2.45pm to 3.00pm 2018 Gary Andrews International Fellow
2018 Hot Topic
Thanks, Prizes and Awards



12D - SYMPOSIUM

Building Health and Aged Care Workforces: Barriers and Opportunities

Chair: Robin Harvey
Botanical 3

1.10pm to 1.30pm Community and residential care workforce challenges: rurality and gender perspectives
Suzanne Hodgkin

1.30pm to 1.50pm 'The wrong sex'? Men's representation in Australian aged care workforce
Linda Isherwood

1.50pm to 2.10pm What if I don't like it? Transitioning to aged-care management
Robin Harvey
Katrina Radford

2.10pm to 2.30pm Engaging students to work in the field of ageing
Ralph Hampson

12E - GRAND SYMPOSIUM

Diversity Training for Community Aged Care – Theory to Practice

Chair: Claudia Meyer
Grand Ballroom 1

1.10pm to 1.30pm Theory to underpin development of aged care training in diversity
Claudia Meyer

1.30pm to 1.50pm Principles and curriculum design of a diversity training workshop
Sally McMillan

1.50pm to 2.10pm A diversity training evaluation framework for community aged care
Rajna Ogrin

3.00pm to 4.00pm SOCIAL FUNCTION

3.00pm to 4.00pm

Farewell Celebration
Foyer



POSTER PRESENTATIONS

1. Research priorities in residential aged care facilities: a state-wide survey
Jo-Anne Rayner
2. Residential care isn't the best place to have a fracture
Kevin Ong
3. An integrative review on falls efficacy among older persons
Seng Giap Marcus Ang
4. Neighborhood cohesion, health behaviors and well-being in older Chinese people
Ruby Ho-yan Yu
5. Asking the right questions when seeking residential aged care
Helen Macukewicz
Dimity Pond (Co-Presenter)
6. Magic Moments' – an Agelink theatre and dementia wellbeing project
Michelle Harris
7. Housing policy implications of the NDIS and HCPs
Victoria Cornell
8. Why timely diagnosis of dementia matters
Toby Commerford
Jackie Kerr (Co-Presenter)
9. Do people with early stage dementia experience prescribed disengagement?
Lee-Fay Low
10. Engaging community-dwelling older people in developing falls risk awareness messages
Lex D. de Jong
11. Baseline BMI and physical activity predicts 2-year progression in sarcopenia
Wee Shiong Lim
12. Pathways in aged care: program use before entering permanent care
Jenni Joenpera
13. Older carers' social support, wellbeing and service use
Karren Graham
14. Respite needs older carers and those caring for the elderly
Karren Graham
15. Do home care packages improve carers' lives?
Karren Graham
16. Testing a wellness program for older adults with physical disability
Amanda Smith
17. Towards kind architecture for the benefit of people facing dementia?
Wafaa Khalil
18. Caregiver implications and timing of dementia diagnosis: a literature review
Kenneth K. Ng
19. Cortical automatic threshold estimation and dementia: an alternative hearing test
Anthea Bott
20. Not a priority post hospitalisation falls intervention
Claudia Meyer
21. Complaints: golden opportunities for improvement
Jan McGregor
22. Leading the way: Metropolitan Palliative Care Consultancy Service
Ed Gaudoin
23. Respecting elders – preventative and treatment strategy for elder abuse
Jenni Dickson
24. Qualitative evaluation of pole walking exercise using monitoring camera images
Ken Yamauchi
Ikuo Yanagawa (Co-Presenter)
Akira Ogita (Co-Presenter)
25. Relationships among symptoms and participation in older adults with disability
Amanda Smith
26. Championing change in hospital care
Julie Lomas
27. Daily activity patterns are associated with cognition in older adults
Ashleigh Smith
28. Online intervention program to reduce dementia-related stigma: DESeRvE project
Sarang Kim
29. Evaluation of the management of BPSD in transition care
Constance Schneider
30. Attentional focus instructions on locomotor muscle efficiency in older adults
Toby C.T. Mak
31. Technological falls-prevention in hospitalised older people: our journey so far
Joanne Dollard
32. How falls, wounds and hospitalisation are affecting nursing home residents
Samantha Fien
33. Examination of a partnership model to create health system change
Sally Grosvenor
34. Refurbishing residential aged care facilities - where do we start?
Samantha Neylon
35. Aged care nurse practitioner: health service evaluation
Sally Grosvenor
36. Acceptance of the Nurse Practitioner role by Australians over 65years
Sally Grosvenor
37. EDDIE introduces high-fidelity simulation into aged care
Trudy Dwyer
38. Yet it's a blessing: cases for being existential lonely
Betty P Chung
39. Let's meet at Café 94
Vicki Kanakaris
40. Ageing' seen through a cultural lens
Vicki Kanakaris
41. Dementia diagnosis, its timing and help-seeking by the dementia caregiver
Kenneth K. Ng
42. 'Ageing' seen through a cultural lens
Vicki Kanakaris
43. Disparity in chronic disease prevalence and treatment in older people
Rafat Hussain
44. Dance isn't therapy. That's why it works
Cherie Toubia
45. Aged care reform at high speed: what time for reflection?
Debbie Faulkner
46. Amana Living's Social Support Program: Outcomes and perspectives from participation
Sheridan Read
47. Resting-state cortical network connectivity and cognitive function in older adults
Mitchell Goldsworthy
48. The conversation we must have - death and dying
Mitchell Goldsworthy
49. Does your patient understand you?
Hope Alexander
50. Food first addresses malnutrition to provide multifactorial benefits in residential-aged-care
Julie Glyde
51. Dementia: to tell or not to tell?
Angela Crombie
52. Examining elder abuse using a socio-ecological lens: developing targeted interventions
Barbara Blundell
53. Visual cue to the loo
Elizabeth Soleil-Moudiky-Joh
54. The impact of commercialisation on quality-care-delivery in aged residential care
Esther Ngocha-Chaderopa
55. Digital understanding, safety and engagement of older Tasmanians
Rosalind Herbert
56. Homeshare: great idea, but what does research tell us?
Barbara Squires
57. Student led service and community development
Tim Walsh
Giovanni Corso (Co-Presenter)
Jiaming (Jenna) Li (Co-Presenter)
58. Nutrition's causative and curative roles in neurodegeneration – an overview
Yvonne Coleman
59. The Fiona Stanley Hospital Falls Pathway
Glenn Arendts
60. Considerations in recommencing lithium for elderly patients with Bipolar I Disorder
Lara Gallur
Alice Powell (Co-Presenter)
61. Health related quality of life and wellbeing in fragility fractures: AUSICUROS
Lucy Busija
62. EDDIE introduces high-fidelity simulation into aged care
Trudy Dwyer
63. The Support Loop: supporting older people through improved communication systems
Carolyn Bolton
64. Relocation decision-making; wellbeing and chronic stress outcomes for older homeowners
Gail Lincoln
65. Living life to the full: the golden opportunity
Judy McCrow
66. Ahead of the game: active volunteering in dementia
Judy McCrow
67. Making choices, finding solutions through assistive equipment and home modifications
Ellen Bragger
Hilary O'Connell (Co-Presenter)
68. Moving forward: barriers and enablers to mobility in sub-acute wards
Karen Lee-Steere
69. Connecting Care: visiting geriatrician service for Aboriginal Australians in NSW
Thi Yen Hill
70. Models of dental care in aged care facilities in NSW
Garry Law
71. Residential medication management review: does the model still suit the residents?
Nicole McDerby
72. Health predictors of employment exit for older workers
Fiona Alpass

PLATINUM SPONSOR



Australian Government
Department of Health

GOLD SPONSORS

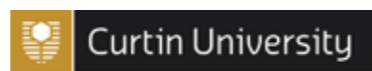


HALL & PRIOR
Health & Aged Care Group

SILVER SPONSOR



BRONZE SPONSORS



PLENARY SPONSORS



SPONSORS, TRADE EXHIBITORS AND SUPPORTERS



Australasian Journal on Ageing



KNOWLEDGE HUB: AAG COLLABORATIVE RESEARCH CENTRES



BREAKFAST WITH THE STARS



WELCOME & FAREWELL CELEBRATIONS



PEARL PROFESSIONAL DEVELOPMENT SPONSOR



MEDIA PARTNER



DESTINATION PARTNER



VENUE PARTNER



EXHIBITIONS AT THE CONFERENCE



LIFE IN PICTURES

The Life in Pictures short film competition was a creative collaboration between

the Government of WA Department of Communities, Revelation Perth International Film Festival and Screenwest. The Life in Pictures filmmaking competition was a unique collaboration between government, the arts and the community that's centered on stimulating discussion about ageing, celebrating achievements of those who are ageing and diving into cultures each who have a different perspective on what it is to age.

This film competition was designed to raise and enhance awareness of the rewards and challenges of ageing in the community. It's a platform on which to build community discussion, reflection, education and interaction. It's aimed at all sectors of the community from the school aged to the mature aged and is designed to encourage creative approaches that may present positive – and potentially critical – perspectives of age and ageing in our community.

For more information about the competition visit www.revelationfilmfest.org/life-in-pictures-competition



LIVING LIBRARY EXHIBITION

University of South Australia

Living Library exhibition is a gift of a living legacy from our elders. The Treasured Stories Project, developed by UniSA PhD student - Vanessa Leane, forms part of St John SA Community Care with the aim to empower the wellbeing of older participants. St John volunteers work in partnership with participants to transform their meaningful memories into life stories. The empowering process has generated over 100 stories in various forms including Living Library posters. "Deriving a sense of purpose is important to wellbeing in old age", Vanessa explained, "our elders are eager to contribute valuable experiential knowledge and wisdom." Professor Kurt Lushington-Head of School of Psychology, Social Work and Policy, with UniSA staff aim to establish a 'Australian first' website to enable the accumulation of stories to be an educational resource, lasting for generations. "Our aims are twofold; said Prof. Kurt, "first, to capture the past in people's own words and, secondly, to curate a repository that not only celebrates individual lives but is also a legacy for use by participants, families, and the community."

A participant shared, "it means a lot to older people, to write their stories, especially to the ones with a chronic disease – to occupy their time usefully, to remind them of what they have achieved, which is a source of empowerment and pride, and to leave their experiences and wisdom to younger generations." If you would like to receive a UniSA Living Library newsletter to be informed and inspired please email: vanessa.leanemymail.unisa.edu.au

DEPTH OF FIELD

A REFLECTIVE LEARNING RESOURCE

DEPTH OF FIELD EXHIBITION:

SEE THE PERSON, HEAR THEIR STORY – EXPLORING AGEING

The WA Centre for Health and Ageing has a series of artistic and thought provoking images of older people aimed to create a different space; a more humanistic lens to consider new perspectives around ageing.

They say "a picture paints a thousand words" - and this photographic exhibition aims to stimulate and challenge misinformed assumptions and unexplored stereotypes around ageing. This exhibition named Depth of Field will delight audience with more than 30 documentary style photographs by renowned and talented WA photographer Steve Wise, this exhibition presents raw and honest photographic images of 14 older West Australian adults, complemented by audio-narrated film of their health care experiences.

The photographic stories represent a diverse range of health and social issues on a continuum of ageing, ranging from dependence in a hostel setting to healthy older adults living independently in the community. This exhibition was created to evoke an awareness of ageism and challenge negative attitudes towards older adults. The photographic images were part of a bigger education project that involved older adult service users in curriculum design and healthcare education.

The Depth of Field: Exploring Ageing exhibition provides an unique opportunity to showcase Steve Wise's powerful and thought provoking photographs and to acknowledge the 14 Bethanie residents who generously volunteered their time and shared their stories to help move health professions students and practitioners 'beyond diagnosis' to a more humanistic model of care for older adults.

ADVANCING NOT RETIRING: ACTIVE PLAYERS, A FAIR FUTURE

AAG
Australian Association of Gerontology

JOIN AUSTRALIA'S LEADING CONFERENCE

CONNECTING RESEARCH, POLICY & PRACTICE TO IMPROVE THE EXPERIENCE OF AGEING

SIR MICHAEL MARMOT
2018 GARY ANDREWS INTERNATIONAL FELLOW
GLOBAL LEADER IN SOCIAL DETERMINANTS OF AGEING

51st AAG CONFERENCE
21 – 23 NOVEMBER 2018
MELBOURNE, AUSTRALIA

MORE THAN 250 PRESENTATIONS/DISCUSSIONS

VISIT AAGCONFERENCE.ASN.AU

[/gerontologyau](https://www.facebook.com/gerontologyau) [/gerontologyau](https://www.instagram.com/gerontologyau)

#AAGCONF18

OTHER SPECIAL EVENTS

OATS STREET ACQUIRED BRAIN REHABILITATION

Brightwater is one of Western Australia's best known and largest providers of quality residential, rehabilitation and community care for people with disabilities and older people. It is also a global innovator in the area of acquired brain injury (ABI) rehabilitation.

The Brightwater Oats Street approach is based on a fundamental belief in the ability of the brain to bounce back – brain plasticity.

The Oats Street rehabilitation program is designed for clients between the ages of 18 and 65 years of age, who are medically stable and have rehabilitation potential.

Its focus is functional rehabilitation, tailoring a 24/7 program to the individual's needs and incorporating purposeful skill development and community integration. The approach taken is transdisciplinary, including physiotherapy, occupational therapy, speech pathology, social work, nursing and psychology. The end goal is to increase independence.

Brightwater commenced its ABI rehabilitation program in 1991. Significant progress has been made since then. In August 2014, the Group officially reopened the innovative 43-bed Oats Street facility which integrates the built environment with the recovery process (or journey). This facility, in addition to the at-home support for clients once they have 'graduated', is enabling individuals with an ABI to maximise their potential.

The visit will include: a description of the program, its origins and current design. This will explain why the physical build is as it is.

For more information
www.brightwatergroup.com/disability/oats-street

太極拳



*An Introduction to Tai Chi
 At the AAG Conference 2017*

Thursday 9th of November, 7.15am to 8.05am, Pool Area

Tai Chi Kung Fu is a complete system of Chinese martial art developed from Taoist philosophies. Its development was based on sound scientific principles as researched by some of the leading academic universities in the world. Its gentle flow and graceful movements are now recognized also as a very good form of exercise. With constant practice, it can promote good health and relaxation. However, for maximum benefit and to avoid possible injury, proper instruction is essential.

The AAG conference Tai Chi session would introduce some of the Wu style movements. The session is suitable for beginners to experienced practitioners. Experience some of the health benefits and how it becomes a way of life for many practitioners.

FRIENDS IN HARMONY

'Friends in Harmony' is comprised of people living with dementia, their carers and others who want to have a good time. Music is an effective method of communication, a calming strategy and reminiscence tool. Favourite tunes can be used to prompt special memories of people, places and events. It has been proven that when used as therapy, music has positive effects on our physiology, affecting our heart rate, blood pressure and nervous system. Singing in particular decreases agitation, improves comprehension, lifts mood, and builds trust and self-confidence.

The 'Friends in Harmony' choir sing every Thursday afternoon at Alzheimer's WA Mary Chester House in Shenton Park. Led by organiser Dorothy Ebel, the choir have more than 70 songs from which to choose and being able to read music is not a prerequisite.

"The choir is absolutely tremendous because it's something couples or carers can do together - it is just so uplifting," Ms Ebel said.

For further information please contact Dorothy Ebel from Alzheimer's WA.

SAVE THE DATE

13 – 15 NOVEMBER 2019
 SYDNEY, NEW SOUTH WALES

52nd
AAG
CONFERENCE



AAGCONFERENCE.ASN.AU

aag.asn.au
aagconference@aag.asn.au
+61 3 8506 0522



AAG
Australian
Association of
Gerontology